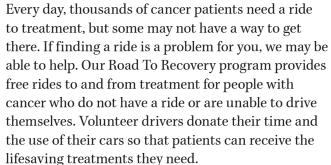
# The American Cancer Society is here to help.

Cancer Resource **Network** 



We have programs and services in your community to help people with cancer and their families. We offer 🕜 information, 🗸 day-to-day help, and 💟 emotional support. And our help is free. Listed below are a few examples of what the American Cancer Society offers. To learn more about our programs and services, call us toll-free, 24 hours a day, seven days a week, at 1-800-227-2345 or visit us online at cancer.org.

# Help Getting to and from Cancer Treatment Road To Recovery®





Our Reach To Recovery program lets you talk oneon-one with a trained volunteer about breast cancer diagnosis and treatment. The volunteers are breast cancer survivors, so they know the questions and concerns that come with a diagnosis.

### Interactive Online Classes

## I Can Cope® cancer.org/onlineclasses

Classes provide a quick and convenient way for patients and caregivers to get the answers they need, when they need them. Classes are self-paced and topics include pain, fatigue, nutrition, communication, intimacy, side effects and more.

### **Help with Lodging During Cancer Treatment**

If you need treatment somewhere far from home, we may be able to help you find a free or reduced-cost place to stay near your treatment center.

### Information and Resources

#### 1.800.227.2345

Cancer Information Specialists provide the latest science-based cancer information and referrals The Society's Web site provides the latest sciencebased cancer information, Clinical Trials Matching, event information and more at cancer.org.

# of Cancer Treatment

### **Look Good Feel Better®**

Look Good Feel Better is a free program that teaches people in active cancer treatment ways to help them with appearance-related side effects. This program is offered jointly by the American Foundation, and the Personal Beauty Association.

# An Online Community of **Cancer Survivors and Caregivers**

## Cancer Survivors Network<sup>™</sup> csn.cancer.org

The Cancer Survivors Network is a free online community created by and for people with cancer and their families. This online community is a welcoming, safe place for people to find hope and inspiration from others who have "been there." Services include discussion boards, chat rooms, and personal Web space to tell your story, blog, post images, exchange private messages with members, and much more.



through our 24-hour, multi-lingual, toll-free number.

# Help with Appearance-Related Effects

Cancer Society, the Personal Care Products Council





